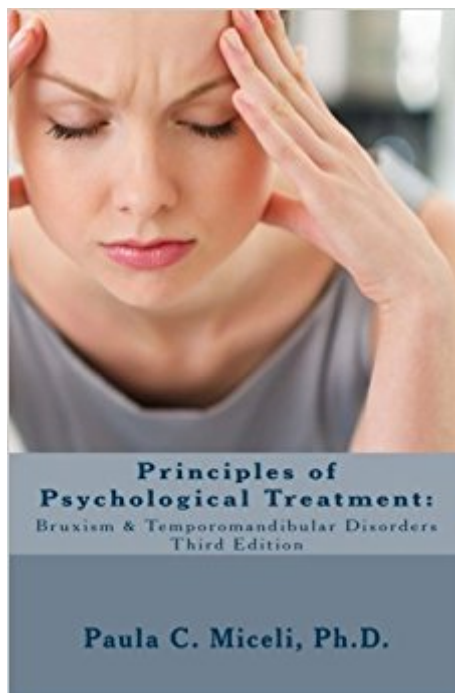




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Principles Of Psychological Treatment: Bruxism & Temporomandibular Disorders: A Research-Based Guide



Synopsis

Sufferers of Temporomandibular Disorders, including TMJ syndrome, confront not only pain and jaw dysfunction, but also a complex and lengthy recovery process that may not result in total symptom resolution. In *Principles of Psychological Treatment: Bruxism & Temporomandibular Disorders*, a summary of the therapeutic issues and targets for effective health assessment and intervention is presented. The guide is well-suited for health care practitioners, including physicians, nurses, physiotherapists, dentists, psychologists, mental health clinicians, as well as TMD sufferers and their families who seek to be informed about their care options. This third edition includes a discussion of the recommendations for psychosocial care contained in professional dental guidelines for TMDs. A special Appendix was added to explain how clinical guidelines are developed, and their value in guiding the decision-making of healthcare professionals and consumers.

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Born and raised in Hamilton, Ontario, Canada, Paula C. Miceli completed her doctorate in Clinical Psychology at York University. She began her career as a biological scientist, and conducted physiological studies of inflammation-induced neural changes in the gastrointestinal tract. Her interests in clinical research led to a position with a pharmaceutical company, where she led industry-sponsored drug efficacy studies in post-surgical pain and urgency incontinence in Canada. While conducting her doctoral studies, Paula has supervised undergraduate student health psychology research projects, and instructed health psychology courses. Given the continued

integration of psychology in medical settings, one of her goals is to enhance the translation of health-related knowledge for psychologists and mental health clinicians working with medical patients. Her work has been published in journals including Pain Research and Management, British Journal of Urology International, Journal of Child and Adolescent Psychopharmacology, American Journal of Physiology, Clinical Therapeutics, and Autonomic Neuroscience.

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